

updated 5/9/19

2019 Dallas City/LaHarpe Cross Country Schedule

<u>Date</u>	<u>Event</u>	<u>Location</u>	<u>Time</u>
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August

5-Aug	Practice begins	DC	5:00-6:00
5-Aug	Parent meeting	DC	6:00

September

3-Sep	Macomb JH Meet	Macomb High School	4:00
5-Sep	Keokuk Invitational	Elks Fairfield Golf Club	4:30
17-Sep	QND meet	South Park	3:30
19-Sep	Fort Madison CC Invitational	Rodeo Park	5:00
26-Sep	Tony Proctor Meet	Burlington Rec Plex	4:00

October

1-Oct	Macomb JH Meet	Spring Lake Park	3:30
5-Oct	Tom Oakley	Bob Mays Park, Quincy	9:00am
12-Oct	Sectionals	TBA	TBA
19-Oct	State	Maxwell Park, Normal	9:30 AM

COACH: BETH NEWTON

CELL: 319-759-1230