

September 2019 Cafeteria Menu

Breakfast is served daily 1% white milk or 1% chocolate milk

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Lunch balances are available on the school web- site using the PowerSchool link	2 NO SCHOOL Labor Day	3 Sloppy joe on bun Corn Romaine lettuce Relish tray Fruit/ Milk	4 Hot dog on bun Baked beans Romaine lettuce Relish tray Fruit/Milk	5 Chicken & noodles Mashed potatoes Bread &butter Romaine lettuce Relish tray Fruit Milk	6 Cheese pizza Peas Romaine lettuce Relish tray Fruit/Milk	7
8	9 Goulash Peas Garlic bread Romaine lettuce Relish tray Fruit/Milk	10 Grilled chicken breast on bun Cooked carrots Romaine lettuce Relish tray Fruit/Milk	11 Toasted ravioli Corn Romaine lettuce Relish tray Fruit/Milk	12 Bar B-Q Rib on bun Steamed broccoli Romaine lettuce Relish tray Fruit/Milk	13 Tuna salad or Peanut butter& jelly sandwich Green beans Romaine lettuce Relish tray Fruit/Milk	14
15	16 Taco's with meat sauce Soft shell Shredded cheese& lettuce Black olives Salsa, tomatoes Sour cream Relish tray Fruit Milk	17 Spaghetti with meat sauce Garlic bread Romaine lettuce Relish tray Fruit/Milk	18 Corn dog Baked beans Romaine lettuce Relish tray Fruit Milk	19 Hamburger on bun Cheese slice Cooked carrots Romaine lettuce Relish tray Fruit Milk	20 Bosco sticks Green beans Romaine lettuce Relish tray Fruit/Milk	21
22	23 Ham slice Mashed potatoes&gravy Bread & butter Romaine lettuce Relish tray Fruit Milk	24 Chicken nuggets French fries Romaine lettuce Relish tray Fruit/Milk	25 Beef&bean burrito Salsa, tomatoes Sour cream Corn Romaine lettuce Relish tray Fruit/Milk	26 Tenderloin on bun Green beans Romaine lettuce Relish tray Fruit/Milk	27 Pizza sticks Steamed broccoli Romaine lettuce Relish tray Fruit/Milk	28
29	30 Turkey gravy over mashed potatoes Peas Bread&butter Romaine lettuce Relish tray Fruit Milk				This institution is an equal opportunity provider. Persons who believe they have been discriminated against in any USDA-related activity may be advised to write: USDA Director, Office of Adjudication 1400 Independence Ave. SW Washington, D.C. 20250-9410	or call toll free(866)632 -9992(Voice). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800)877-8339 or (800)845-6136 (Spanish).